



JUNIOR LEAGUE OF NASHVILLE

Women building better communities®

2202 Crestmoor Road • Nashville, TN 37215

www.jlnashville.org

est. 1922

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Club 22 Shopping
Card logo unveiled
by Chairs Mon-
Kisha Fitchpatric
and Melissa
Limbaugh at May
Membership
Meeting. They also
announced the first
shopping dates:
November 1-12,
2012 and April
18-29, 2013! Stay

CLUB TWENTY-TWO
THE JUNIOR LEAGUE OF NASHVILLE'S
SHOPPING CARD PROGRAM
SHOP • SAVE • SHARE

tuned throughout the summer and early
fall as Merchants are announced.



LEAGUE LINK

| SUMMER 2012 |

Junior League of Nashville Celebrates 90 Years

Ninety years ago almost to the day, Cornelia Keeble Ewing founded and served as the first president of the Junior League of Nashville (JLN). On March 29th, 2012, a beautiful spring day in Nashville, JLN celebrated its 90 year anniversary at The Loews Vanderbilt Hotel. The JLN 90th Anniversary Luncheon commenced with a reception for the past presidents, honorary committee members and 90th sponsors.

The luncheon opened with 90th co-chairs, Ali Fricke and Beth Glascock warmly welcoming all 350 guests including friends, fellow JLN members, committee members, community agencies and corporate sponsors.

JLN 2011-2012 President, Michele Toungette, presented an overview of our JLN history since its founding. She noted that JLN members have focused on identifying and responding to the needs of our community in very significant ways since the beginning—and have made it a hallmark of our organization.

The menu included a delicious mixed green salad with nuts, fruit, cheese and vinaigrette; parmesan chicken with spinach risotto and seasonal vegetables. The lovely dessert, by Party Pops by Julie, was a sweet cake dipped and decorated in chocolate or vanilla.

The guest tables were adorned magnificently with celebration cakes that were all carefully created and designed just for this event. 35 local bakeries created their masterpieces that were auctioned off to raise funds for the JLN. Sylvia Weinstock chose her personal favorites (Cowgirl Cupcakes, Wolfe cakes and Nashville Symphony) as well as in conjunction with the Co-Chairs and committee (Puffy Muffin, Julia from Scratch and French Confection).

The special guest speaker, Sylvia Weinstock, proved to be the true delight of the luncheon. Not only was she gracious enough to come to Nashville to celebrate our past, present and future endeavors, she was so open in sharing her experiences of life and how she became known as New York's Sensational Cake Connoisseur.

Pendants, books signed by Sylvia Weinstock, and limited edition Hatch Show prints were available for purchase. The 90th Anniversary committee thanks the 90th Honorary committee, sponsors, patrons, local bakeries, and all of the members who made this event a success.

From the Junior League Home for Crippled Children to CASA to the Palm Sunday Paper Sales the Junior League has so much to be proud of! We can hardly wait to see what the future holds when we celebrate our one hundredth anniversary in 2022.

**By Melissa Latta and
Catherine Vrettos**



90th Anniversary Committee

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MISSION

The Junior League of Nashville is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. The Junior League of Nashville reaches out to women of all races, religions, and national origins who demonstrate an interest in and a commitment to voluntarism.

OUR VISION

The Junior League of Nashville is a premier women's volunteer organization that offers our members the opportunity to build meaningful relationships with others who are unified by a desire to give back to our community. Through the talents of a diverse membership we will support and enrich the lives of women, children and families in our community. Together we have greater impact than we do individually.

League Link Editor, **Jennifer Larson**
League Link Editor-Elect, **Kira Roberts**

Interested in advertising in *League Link*? Contact Advertising Coordinator Kira Roberts for a media kit, which includes more information about our readers, demographics, ad rates and deadlines.

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President's Perspective

A message from Michele Toungette



Celebrate Our Past and Our Future

As we close the year, I can't help but reflect on the successes the board, council and members have experienced throughout the year. What few know about me is that I keep a journal of inspirational quotes that I will pass to my daughter in the future. My hope is that these will encourage and support her at times of adversity, joy and all other situations where she needs a reminder of the leadership lessons and wisdom others have shared.

While entering some new quotes, I came across a quote by Tom Oreck "A point in every direction is no point at all." This quote sums up nicely the focus of our Junior League mission.

As an organization, we have focused on the three points within our mission this year ~ developing the potential of women, training volunteers and serving our community by meeting the needs of women and children.

From a very young age, my life has been filled with the spirit of volunteerism. I recall at age 12 an internal and uncontrollable passion to give my time to help those who could not help themselves in the healthcare environment. My journey began as a volunteer in a children's hospital working with trauma victims and cystic fibrosis patients.

This year has been an exceptional year allowing me the opportunity to tap deeper into my passion to learn from the many influential women of the League, be trained and give in a volunteer capacity. It has been an absolute privilege to serve alongside all of you.

The Junior League of Nashville is about serving our community, specifically women and children who are vulnerable, suffering or facing extraordinary challenges. The signing of the agreement for the new Junior League for Sickle Cell and Asthma program and the Centerstone gift that harkens back to our roots at the White Avenue property have now added to our legacy of answering unmet needs in Nashville. The League's work is unique and I'm continually filled with awe at the initiatives the women in this League lead and advocated for.

This year we celebrated our 90th Anniversary providing us with an opportunity to look back at our history and to our founders, pioneers and visionaries – they all remind us of the sacred work we provide to our community. Every day we see or hear examples of the extraordinary way a League member impacted a life.

You have all been daily reminders of what the definition of voluntarism is. Voluntarism approaches the most basic issues of human experiences and seeks to provide reverence and respect to those they serve. In addition, voluntarism is an experience of risk and care. It is where we find our true selves while serving others.

I would like to take this opportunity to thank you for serving our League's mission.

As I reflect on the year, I was reminded of a blessing I read and have edited to represent each of you:

League Member—

*Your love and your compassion
To each person who crosses your path today
For some you will expect to meet and for the
many who will surprise you.*

*May you grow in unity as a League
As you all continue to grow in the mission.
Trust each other and give others courage to continue the journey
Set forth by our Founding members.*

*Be embedded within the community and partnering agencies we serve
And inspire others to collaborate,
So we can improve the disparities of women and children
And become a united voice for the voiceless.*

*May you always remember
That you are united in the League's mission for our community
And that together we are all truly empowered to make a difference.*

I want to share my deepest appreciation to the board, the leadership council and all of the members for the opportunity to serve as your president during this past year. I am excited about the direction and plans for the future, and wish Jillian and the incoming leadership team my very best. I know we all look forward to building on the magnificent 90-year history of the Junior League of Nashville!

Warmly,
Michele Toungette
JLN President



JLN Member Terri Lankford Co-Owned and Operated



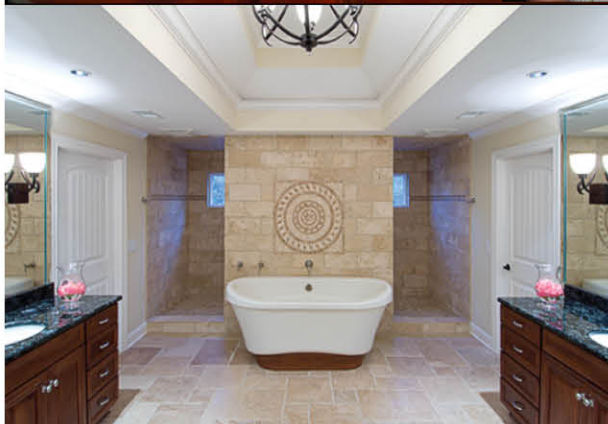
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Former JLN President Remains Active as Sustainer

Many of us remember when Shana Alford was president of the Junior League of Nashville. It wasn't that long ago, after all; her term as president was the 2006-2007 year.

But even the members who joined the League after her tenure are familiar with her because Shana's still an active part of the League. After becoming a sustainer, she took on the role of sustainer liaison so she could continue contributing to the League that she shaped as president.

The League is fortunate to be able to count on sustainers like Shana—in fact, the League flourishes because of its rich and diverse group of active members and sustainers who contribute their energy and experience.

"I knew I wanted to remain active," Shana said. "I had been given the opportunity to learn from sustainers myself so I wanted to give back in that way, as well."

The League benefitted from Shana's business acumen when she was president, and the League continues to benefit from her knowledge and experience that she brings to the table as a sustainer. As



Shana Alford

president, Shana focused on ensuring that the League functioned well as a business. A business of volunteers, to be sure, but still a business, with costs

that needed to be managed and long-range plans that needed to be made. She worked hard to help the League prepare for the future in that regard.

"I hoped I helped in some way to continue looking to the future while still honoring our past," she said.

Shana is also grateful for her experience on council, which gave her many opportunities

for learning and growing. "Every single year, I had mentors who taught me so much," she said. "They taught me about running an effective meeting, conflict resolution, general problem solving, and I have told people over and over-- and I still say it to this day--I have learned so much from my League experiences that translate to my professional life."

In her current job as CFO of the mechanical contracting company Comfort Group, Shana manages a lot of people. She regularly applies her committee and volunteer management experience from her tenure with the Junior League of Nashville. She even has contacts she met through the League. Those have been extremely valuable as she has built her career.

By Jennifer Larson, League Link Editor

Book' em

The Junior League of Nashville has had a relationship for years with Book' em, a local nonprofit that's dedicated to empowering Nashville's children by fostering a love of books and reading.

Melissa Spradlin, Executive Director of Book' em, credits the Junior League of Nashville for helping make possible a number of projects.

"Book' em is very grateful for our Junior League of Nashville volunteers," she said. "They are helping us make a difference for many of Nashville's neediest children." Said Spradlin, "Book' em appreciates all they did to make this project a huge success!"

Recently, JLN volunteers Missy Michaels and Megan Pinson dressed up as Belle and the Beast from "Beauty and the Beast" as part of our Read Me Week and Read Me Day project. They performed a skit encouraging the students at Julia Green Elementary School to donate as many books as possible during their annual read-a-thon. The donated books were to be given to Kirkpatrick Elementary School, our spotlight school for Read Me Day and one of the schools that benefits from our Reading Is Fundamental program. Julia Green donated more than 2,300 books to Kirkpatrick. Everyone was thrilled.



Leaguer on the Street

What have you liked most about your placement this year?

Shavonne Atkinson
(provisional member)

I haven't done a placement yet, but doing my League Power was a lot of fun. I helped out our fabulous merchants at *'Tis the Season*. I'm really excited about doing many things with the League in the coming years and about meeting such nice and amazing women.



Jaime Brousse
(3rd year active)

My placement with Rejoice Ministries has exposed me to an entirely new community, right in my own backyard! I literally live a few blocks away. It's great to see children get the chance to learn from skilled dance teachers and find new friends in a safe, supportive environment.



Hadley Doolittle
(5th year active)

My placement is the project chair coordinator for the Home Board, and I am also a volunteer at Monroe Carell Jr. Children's Hospital at Vanderbilt. It's been a great introduction to the Home Board and allows me to directly link our community involvement with inner workings of the League. Through the role of training volunteers, I have learned the impact that each volunteer has on the agency's overall work.



Jessica Economy
(3rd year active)

I was on the *'Tis the Season Holiday Marketplace* committee and worked with special events. I enjoyed getting to know a lot of the girls on the committee. It's also been beneficial to see how a big fundraiser works and all of the different parts involved.



Vanessa Falk
(provisional member)

I am really looking forward to my first placement and am very interested in Saddle Up. Thanks to JLN, I have gotten more involved in the community and have met many wonderful women outside my current social networks.



Mon-Kisha Fitchpatric
(3rd year active)

My placement with Club Twenty Two has given me the ability to use more of my creative side. Also, since the shopping card is new this year, it has given me the opportunity to start from the ground level of a JLN fundraiser. The money raised from this placement will go directly into the community in which we serve.



Courtney Hood
(8th year active)

I am serving on the Admissions Committee. Aside from my great committee members, I have really enjoyed seeing how enthusiastic our potential new members are. They are very excited to join the ranks of the Junior League and give back to the Nashville community. While some people often overlook the admissions committee, it is truly a great placement.



Lauren Murphy
(transfer member)

I just transferred in from the Junior League of Las Vegas. It's been wonderful to meet a whole new group of women. The Junior League of Nashville is much bigger than the Las Vegas League and has more opportunities. JLN seems to have a hand in every interesting non-profit in Nashville.



Ashley Stringfellow
(7th year active)

I served as the merchant chair and the step-up co-chair for the *'Tis the Season Holiday Marketplace* this year. I have learned an amazing amount through working with merchants and committee members. I've had the opportunity to work with people from many different backgrounds and with different types of personalities.



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What an amazing experience the 2011 'Tis the Season Marketplace was!



Junior League of Nashville
presents

'Tis the Season Holiday Marketplace

The Junior League of Nashville hosted its 5th Annual *'Tis the Season* Holiday Marketplace at our new location the Nashville Convention Center in November. The three-day event offered over 40,000 square feet of unique merchandise and included a first look at the season's holiday decorations courtesy of our exclusive Hall of Trees Designers.

If you were able to visit the Marketplace or attend any of the special events that were part of the *'Tis the Season* weekend, you know how much of a treat they were! We had a flute choir, live Christmas music, a ballet performance, and various book signings during the event.

All who attended can attest that this year's *'Tis the Season* Merchant Co-Chairs Ashley Stringfellow and Catherine Plato went above and beyond by bringing in a spectacular array of over 100 merchants who showcased eclectic treasures from across the nation. We are excited to announce that *'Tis the Season* earned \$106,328 in booth fees making it the highest in the history of the show. We had an attendance of nearly 3,000 shoppers over the three-day event and the event netted \$83,000. A huge thanks to Angela Bostelman, *'Tis the Season* Marketing Chair, for bringing in an event record of more than \$83,000 in free advertising.

We are so grateful for the generous support of our sponsors and patrons. The event would not have been possible without them.

Thank you for all of you that supported, volunteered, and attended the Holiday Marketplace. Also, we want to thank our local businesses that contributed to our silent auctions and our first *'Tis the Season* raffle that featured vacation, jewelry, and sports items.

We would especially like to thank our wonderful committee for their endless ideas and support, countless hours of logistics and planning, and all the efforts to create this holiday extravaganza.

Also, we want to thank every active, sustainer and provisional member of the Junior League of Nashville that played a part in the production of the event. It was great to see our fellow Junior League of Nashville members and families at all the special events that surrounded the Marketplace this year, such as Preview: Let the Shopping Begin, Girls Night Out, and Christmas with the Clauses.

And finally, thanks to everyone that supported *'Tis the Season* Holiday Marketplace and it is only through you that the Junior League of Nashville can continue to promote the League's mission to serve as volunteers and advocates in our community.



By Anna Moran and Amy Cochran,
TTS 2011 Co-Chairs



Doing Our Part Against Sickle Cell Disease and Asthma

On April 24th, the Junior League signed the 7th Supplemental Gift Agreement with the Monroe Carell Jr. Children's Hospital at Vanderbilt. Our commitment of \$1.5 million establishes the Junior League Sickle Cell Disease and Asthma Program. This agreement continues our long-standing support of programs at the Children's Hospital – including the Junior League Family Resource Center, Junior League Child Life Specialist Program, Neonatal Intensive Care Development Follow-up Clinic, Junior League Therapeutic Arts Program, Junior League Fetal Care Program and more.

The Junior League Sickle Cell Disease and Asthma Program will be a medical home located at the Matthew Walker Comprehensive Health Center in Nashville. Under the leadership of Drs. Michael DeBaun and Paul Moore, the innovative medical home model brings together physicians, nurse practitioners and nurse case managers from Children's Hospital and Meharry Medical College to provide family-centered care to the community. With support services, educational resources

and personalized care available under one roof, the program will help reduce health care costs and improve access for patients who require long-term treatment. It is estimated that 90,000-100,000 Americans have sickle cell disease. Many children with sickle cell disease often struggle with asthma.

Michele Toungette, 2011-2012 Junior League President said, "This gift honors our long-standing relationship and commitment to children's health and the Nashville community. We feel that the Sickle Cell Disease and Asthma Program continues the Junior League's roots of supporting compassionate, home-based care. We look forward to supporting the program with our volunteers as well as helping provide education and support services for women and children in a myriad of capacities."

By Melissa Wyatt, Home Board Publicity Chair

JLN Announces ATHENA & Young Professional Award Nominees

The Junior League of Nashville is proud to announce that two of its members were recognized as ATHENA Award nominees. Beth Glascock, selected as a 2012 ATHENA Award nominee, has been a member of the Junior League of Nashville for four years, and co-chaired this year's 90th Anniversary Luncheon. In addition to her work with the Junior League, Beth is one of the co-founders of The Fairy Godmother Project of Music City. Beth is an Administrative Officer at Vanderbilt University Medical Center.

Jenny Barker was chosen to represent the Junior League as the ATHENA Young Professional Award Nominee. Jenny has been a member of the Junior League for five years and is currently serving

on the Home Board Committee. Jenny has served in many roles throughout her JLN career and was the recipient of JLN's First Year Active Paragon Award. Jenny is the Director of Public Relations at Gaylord Opryland Resort and Convention Center.

The ATHENA Awards are presented by CABLE Nashville and is considered Nashville's signature event honoring the achievements of women leaders in Middle Tennessee. The ATHENA Award Program provides scholarships for high school seniors and for women returning to work later in life. Nominees were honored at the ATHENA Award Gala on March 26 at the Schermerhorn Symphony Center.



Children Beach Scenes Puppies & Kitties Exotic Places

**For fine art oil paintings of
these and more, please visit
www.mary-b-art.com.**

Mary B is Mary Beatty McLaughlin,
former JLN Member and
current Sustainer.



Kids in the Kitchen 2012: A Rousing—and Healthy—Success!

On March 24th the Junior League of Nashville hosted the 2012 Kids in the Kitchen Event at the Martha O'Bryan Center in East Nashville. This event was designed to educate children about making healthy lifestyle choices through a variety of activities, information sessions, and games.

We hosted two sessions: a morning session for about 50 Girl Scouts and their troop leaders, and an afternoon session for several dozen boys and girls from the Martha O'Bryan Center. Both groups participated in activity sessions to teach them how to make healthy food and lifestyle choices.

Registered dietitians educated the kids about the new My Plate food guide and showed them how to prepare simple, healthy snacks like hummus and Greek

yogurt in our "Taste Test" and "Trail Mix" stations.

League Power volunteers led the youth in an obstacle course designed to show how fitness doesn't require much more than a few tools, like a jump rope and a hula hoop, and a lot of enthusiasm! In addition, the Eating Disorders Coalition led a puppet show on body image. And pediatric dental group Snodgrass and King discussed the health value of good dental hygiene.

At the end of the day, each child received a goody bag full of brochures with tips on healthy living, a pedometer, jump rope, and toothbrush.



Special thanks to our sponsors: the Monroe Carell Jr. Children's Hospital at Vanderbilt, Publix Super Markets Charities, United Health Care, Snodgrass and King, Zoe's Kitchen, Newks and Phillips Toy Mart. Thank you to the Martha O'Bryan Center and the Girl Scouts of Nashville.



2011-2012 Junior League University Training Report

This past year the Training committee launched our first track of the Junior League University (JLNU) series focusing on leadership. Our main objective in launching this training program was to provide a wide array of trainings that could help each member grow and better serve our community. We really took our mission to heart and worked diligently to develop the potential of women in every training.

The overall goal of this first leadership track was to provide members with the tools to be better leaders in the League as well as in their professional and non-profit careers. The trainings were all led by Past Presidents and covered meeting basics, committee and team management, difficult situation management and effective communication. The first year of this program had an outstanding response with an average of 40 members

per training. Each training was interactive, thought-provoking and very relevant to leading in and out of the League.

We are looking forward to another exciting JLNU training series in 2013 as we continue to develop the potential of women as the program will focus on our second track: community.

By Ceesun Andrews, Training Chair

Leave a Legacy to the League

This year, the Junior League of Nashville, the 14th largest Junior League in the country, is celebrating 90 years of making a difference in our community since our founding in 1922.

Throughout our history, the League has been instrumental in meeting the needs of Nashville area citizens through the effective action and leadership of trained volunteers. We've been on the ground floor of initiatives such as the Monroe Carell Jr. Children's Hospital at Vanderbilt, Nashville Children's Theater, Dede Wallace Center (now Centerstone), OUR Kids, Don't Wait to Vaccinate and Renewal House.

Part of what has kept us strong over the years, in addition to our remarkable hands-on volunteers, is the generosity of our members. To ensure the future of the Junior League of Nashville for our community and for our daughters, JLN Past President Kent Ballow and the 2001-02 Board, established a Community Endowment Fund to celebrate our 80th Anniversary in 2002. Ten short years later, that fund has reached over \$1 million!

We are grateful to those donors who have helped make this dream a reality. The interest earned on this fund will enable us to make gifts

to our partner agencies each year—and hopefully for many years to come.

Following in the footsteps of the 75 members since 1939 who have made planned gifts to JLN in support of our community work, we thank our current donors who have recently included the Junior League of Nashville in their estate plans for our Community Endowment Fund:

Kent Ballow
Mary Lee Bartlett
Colleen Conway-Welch
Donna Dalton
Dorothy deZevallos
Missy Eason
Deana & Fred Goad
Tricia Hall
Lucy Haynes

Suzanne Iler
Ellen Martin
Susan Moll
Delinda Rollins
Patti Smallwood
Vicky Tarleton
Valerie Van Eaton
Julie Walker
Pat Wallace

On behalf of the JLN Endowment Committee, please consider joining the 1922 Society by making a planned gift to our organization. We can all leave a legacy to the training of women to be effective volunteers by including the Junior League of Nashville in our estate plans. Please contact Mary Lee Bartlett with questions at mlgb@bellsouth.net.

Thank you for your continued support of the Junior League of Nashville!

By Mary Lee Bartlett, Endowment Chair



JLN Endowment Committee pictured: Patti Smallwood, Mary Lee Bartlett, Kent Ballow, Suzanne Iler, Valerie Van Eaton, Susan Moll, Susan Hammer, and Vicky Tarleton (not pictured, Pat Wallace)

Gift to Centerstone Ends Campaign, Starts Building

Our \$200,000 gift to Centerstone was the capstone gift in their capital campaign for a new clinic building on the Dede Wallace Campus on White Avenue. The new building will house programs that collectively serve over 10,000 people each year, most of whom are below poverty level. The Dede Wallace Campus – consisting of two clinics, a Child & Adolescent Clinic and an Adult Clinic – will help even more children, adults, and families rebuild lives once lost to mental illness and addiction.

The Centerstone Child & Adolescent Clinic on the Dede Wallace Campus will give each child the opportunity to overcome trauma and lead successful and self-supporting lives. These children are struggling with some aspects of serious mental and/or emotional

difficulties, including autism spectrum disorders, anxiety, depression, and childhood behavior disorders.

Dede Wallace, who died in 1969, was a Junior League member and a devoted supporter of mental health issues in Middle Tennessee. The Mental Health Center was renamed for her in 1971, and in 1997, it merged with five other organizations to become Centerstone.

This gift brings us home, during our 90th anniversary year, to the address where we ran a fully accredited 50-bed hospital and established a center to reach children suffering from abuse and neglect.

By Melissa Wyatt & Kerry Dunn

Annual Fund List

\$1,000 and above

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Elizabeth Craig Weaver Proctor Charitable Foundation
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Stacy Sullivan-Karrels
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Michele Toungette
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Margaret Tolbert
Valerie Van Eaton
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Eleanor Whitworth
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Melissa Wyatt

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Anniversary Luncheon Guest Speaker Wows the League

The League was honored to have Sylvia Weinstock come to Nashville to celebrate our anniversary with us.

Known today as New York's Sensational Cake Connoisseur, Weinstock began her career way back in 1949. That was the year she began learning domestic skills while working as an elementary school teacher. She loved the relief and relaxation homemaking gave her from the daily grind of teaching and she quickly became a proficient chef and baker. It wasn't long before she was supplying local restaurants with their dessert selections every weekend.

The secret ingredient for Weinstock's success is that she takes no shortcuts. Her cakes are made using only the best ingredients available. While the flowers for a large cake may be made weeks in advance, the cakes are handmade no more than one or two days prior to the delivery date to assure that the client receives a fresh, tender, and delicious cake.

Weinstock looks upon her career as a creator of beautiful, romantic, and fabulous cakes, as reward for her diligence in fighting breast cancer. She feels that conquering her illness brought about a change for the better in her life, and she devotes a substantial portion of her free time to bolstering the spirits of women who find themselves threatened and facing the same challenges she faced. Weinstock is a generous contributor to organizations that support medical research seeking cures for cancer, AIDS, and other plagues of humanity.

Her parting advice was "it's only cake." Do not take life too seriously, take chances, work hard and donate to causes you have a passion for. We are honored to have had her be a part of the Junior League 90th Celebration.



Introducing our newest little Leaguer!

Samuel Freeman Wyatt
Born in China on February 1, 2011
Adopted on February 22, 2012
Melissa & Chris Wyatt

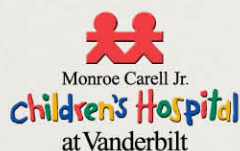




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